

## Sexual Assault

### Understanding Sexual Assault

It was not your fault. Sexual Assault can happen to both *men* and *women*. It is an ugly crime that consist of the following:

- **Rape**—Sexual intercourse by force and without consent.
- **Forcible Sodomy** (nonconsensual) —Oral or anal sex by force and without consent.
- **Indecent Assault**—Unwanted, inappropriate sexual contact or fondling.
- **Attempted Sexual Assault**—Attempts to commit these acts.
- **Carnal Knowledge**— Sexual intercourse with someone under age 16 years, even with his/her consent.

### Tips to Reduce Stranger and Acquaintance Sexual Assault

- Keep the **door** to your barracks room or other living quarters **locked** at all times
- If you must drink, **drink responsibly** (know your drinking limits and avoid getting drunk)
- **Set ground rules** at the beginning of your relationships (say what you will or will not do)
- **Clearly** communicate your feelings and desires (“no” means “no” and nothing else)
- Use the buddy system when walking after dark or in secluded areas (stay in well-lit areas)

## Questions

### What should I do if I have been sexually assaulted?

- Immediately go where you can be safe.
- Call the military police for \*unrestricted reporting.
- Call the chaplain, Sexual Assault Response Coordinator (SARC) or your Unit Victim Advocate (UVA) for \*restricted reporting.
- Preserve evidence—do not shower, bath, change clothes, brush teeth, gargle, comb hair or dispose of any items that may have evidence of the rape.
- Call immediately for an ambulance, when you require emergency medical care, and medical personnel will notify law enforcement for you.

### Did I have the right to say no?

You have the right to say no to any type of sex, even if you:

- Said yes and changed your mind
- Have been kissing, hugging and making out
- Have had sex with that person in the past
- Have been drinking alcohol
- Have been dating that person

## Sexual Assault Prevention and Response Program

### Guidance For Sexual Assault Victims



“Don’t try to handle this alone. Call for assistance. Someone is waiting to help you.”

## Reporting

### Unrestricted Reporting

#### Guidelines:

- You may report the assault to the MPs, your Cdr, or CID.
- You are encouraged to receive medical treatment and counseling services.
- They **will** notify Law Enforcement.
- An official investigation **may** occur.
- Your commander **will** be notified.

### Restricted Reporting

#### Guidelines:

- You may report the assault to the SARC, a specified healthcare provider, UVA or chaplain for confidential assistance.
- You are encouraged to receive medical treatment and counseling services.
- We **will not** notify Law Enforcement.
- We **will not** notify your commander.
- We **will not** initiate an investigation.

## Questions

### Do Civilians also have restricted reporting?

Not exactly, this policy for restricted reporting only applies to active duty military. Civilians already have a form of restricted reporting, and are also encouraged to visit the Family Advocacy Program for help and guidance.

### Do most sexual assault victims seek help?

No, most victims do not report the crime or seek medical or counseling assistance. We encourage you to seek medical treatment and counseling, even when you don't want to involve Law Enforcement. Don't allow any of the following feelings to discourage you:

- Shame and Embarrassment
- Anger and Guilt
- Mistrust of others
- Despair and Depression

**"We Care"**

## Resources

### Sources Available to Help:

- **ACS/FAP Sexual Assault Response Coordinator (SARC):**  
423-7593/065-44-7593
- **Chievres MP: 068-27-5301**
- **SHAPE MP: 065-44-3334**
- **Ambulance: 065-44-3333**
- **Family Advocacy Program:**  
423-4352
- **Social Work/Psychiatric Service (Counseling): 423-5801**
- **Chaplain Services: 0475-94-0314**
- **USAREUR: 00-800-027-72858**
- **SHAPE Health Care Clinic:**  
423-3321
- **Ambrose Pare Hospital (Mons)**  
SHAPE Pt. Liaison: 065-39-2912/11
- **SHAPE Dir: 423-7111/065-44-7111**
- **Chievres Dir: 361-1110/068-27-5111**
- **Military One Source International**  
Toll Free Sexual Assault Hotline:  
00-800-3429-6477



Sexual Assault Response  
Coordinator (SARC)

**DSN: 423-7593**

**Com: 065-44-7593**

**Cell: 0472-30-1876**